EDWARD PAULING
Primary School
learning to succeed together

SEN Newsletter - Autumn 2



Welcome!

Welcome back to a new half term! We hope you and your families enjoyed a restful and enjoyable half-term break.

As we move into Autumn 2, we are looking forward to another busy and exciting few weeks at Edward Pauling. This time of year brings lots of wonderful opportunities for learning, celebration and making memories together.

In this edition of our SEN newsletter, we will be sharing helpful information, practical tips, useful resources and upcoming opportunities for parents and carers.

We hope you find the newsletter informative and supportive. As always, we value the partnership between home and school and are committed to ensuring that every child feels happy, included and supported to reach their full potential.

Wishing all our families a wonderful Autumn 2!

Mrs Duffy's SENCO Corner

Supporting Little Minds and Big Feelings

As we move through Autumn 2, I wanted to highlight the importance of looking after our children's emotional wellbeing. School days can be busy, and some children may come home feeling tired, overwhelmed or emotional after working hard to manage their feelings throughout the day.

My tip for this half term:

Try allowing some quiet time after school to help your child unwind. Whether it's playing, listening to music, getting outdoors or simply relaxing, a little downtime can make a big difference.

Remember, children don't always have the words to explain how they're feeling. Sometimes, a little patience, understanding and reassurance is all they need.

How to contact the SENCo -

If you have any questions or concerns about your child's needs, please don't hesitate to get in touch:

Mrs Duffy - welfare@edwardpauling.hounslow.sch.uk - I will aim to respond to your email within two working days. Please note I do not work on Fridays.

Toilet training campaign

Best Start in Life has recently launched a Toilet Training campaign to support parents of children aged 3 to 4. The campaign reassures parents that there is still time to help their child build confidence and independence with using the toilet.

Toilet training is an important step for families. Learning to use a potty or toilet independently takes time, practice and patience, and every child's toilet training journey will look different.



Visit **Best Start in Life** for advice and support

BEST START IN LIFE

Best Start Family Hub East Timetable (Brentford)

Best Start Family Hub West Timetable (Alf Kings, Feltham)

Best Start Family Hub Central Timetable (Lampton)

Here are our local Best Start Family Hubs

Support for Parents & Carers: Hounslow SENDIASS

Did you know that families in Hounslow can access free, impartial and confidential advice and support through Hounslow SENDIASS?
Hounslow SENDIASS (Special Educational Needs and Disabilities Information, Advice and Support Service) supports parents and carers of children and young people with SEND, as well as young people themselves. Although the service is funded by the London Borough of Hounslow, it works independently of the local authority.

The team can help families to:

- understand how the SEND system works, including Education, Health and Care (EHC) plans
- talk through concerns or questions by phone, email, virtually or in person
- navigate SEND processes and understand their options
- find appropriate services and information, including Hounslow's Local Offer
- provide support at some meetings and mediation processes, subject to availability and appropriateness.

You don't need the school to refer you. Hounslow SENDIASS is a self-referral service, so parents and carers can contact the team directly for support.
Get in touch:

📞 020 8583 2607

✉️ sendiass@hounslow.gov.uk

HOUNSLOW SENDIASS
Information Advice and Support Service

Visit the Hounslow SENDIASS website -

https://hounslowsendiass.org.uk/about-1

If your child already has an EHC plan, SENDIASS advises that your child's EHC caseworker should be your first point of contact.

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Thriving Together Parenting Programme

A 6 week parent empowerment programme for parents with children who have Special Educational Needs and Disabilities (SEND).

The Programme provides practical tools, supportive guidance and a safe space to help you feel confident connected and empowered in your parenting journey.



New Monthly SEND Drop-In Sessions

Finding the right support for your child or young person with special educational needs and disabilities (SEND) doesn't have to be an overwhelming prospect.

In addition to the Local Offer website, you can also come and talk to professionals in person at monthly SEND drop-in sessions for advice, guidance, and support.

Join one of the following events in Heston and Hounslow Central:

- Thursday 12 November, 10:30am to 12:30pm, Hounslow House
- Wednesday 9 December, 10am to 12pm, Clayponds Community Centre

These sessions have team members from: Education, Health and Care Plans (EHCPs), Therapies, School travel assistance, and the Special Educational Needs and Disability Information Advice and Support Service (SENDIASS).

SEND Local Offer

Advice and support for children and young people aged 0 – 25 with special educational needs and disabilities (SEND).

Scan here to visit our Local Offer website

London Borough of Hounslow | NHS West London | Visit www.hounslow.gov.uk/send-local-offer

Realising
Limitless
Futures

Family Hubs

Family Hubs are a friendly and safe environment for babies, children, young people, parents and carers to access support and services they need to build thriving lives. They provide a single point of contact for families with children aged 0-19, or up to 25 years old if they have special educational needs and disabilities (SEND).

Family Hubs deliver a range of joined-up services, focusing particularly on parenting support, infant feeding support, early language support and perinatal mental health support.

By connecting families with these services, we will help address their needs and enable them to build positive relationships with their children and the people delivering the services.

Family Hub East: Brentford, North Road, Brentford, TW8 0BJ
Tel: 020 8583 5760

Family Hub West: Alf King, 7 Hanworth Road, Feltham, TW13 5AF
Tel: 020 8583 3922

Family Hub Central (Hanworth): Lampton, Neville Close, Hounslow, TW3 4JG
Tel: 020 8583 3720

START FOR LIFE

Supporting the first 1,001 days with your baby

Hounslow Family Information Service (FIS)

The Hounslow Family Information Service (FIS) is an information, advice and signposting service for parents, carers, young people and professionals who are looking for local support and services for children aged 0-19 years in Hounslow.

They can help with information on Childcare, Early Education, Starting Nursery Class, Children's Centres, Family Hubs, Activities and signposting to Family Support Services.

Ways to get in touch with the Family Information Service:

Helpline 020 8583 3470

Email - fis@hounslow.gov.uk

Online directory at www.hounslow.gov.uk/fsd

Online sessions for childcare and early education information. (via teams - link sent on request)

In person sessions at your local Family Hub (see timetables)

Social media at www.facebook.com/LBHChildrenandFamilies

London Borough of Hounslow

ONE HOUNSLOW

FAMILY Information Service